

**Adding
anyone,
anything in
LIFE...
poisons LIFE**

Today's session will be a master key to success in SPIRITUAL LIFE.

The most important thing to understand in Spiritual Life is, ***'What is LIFE? What exactly is LIFE?'***

We have to understand that Me, the Soul, just has Life. I, the Soul; Me, the Soul, I just have life and nothing else!! And that Life is not any form of Life which I imagine. ***Life is just 'Pure Simple Life'***. What does it mean? It means- ***You just exist!*** This is Life. You don't exist as anybody or as any person or as anyone. You just exist, you just have Life. You, the Soul...the Soul is just a piece of Life. And the Life one has is also by the will of the Lord. We can't even have Life by our own will. It is not a self-created Life. Life is bestowed on the jīva that is why he seems to be alive, otherwise at Mahāpralaya, all the jīvas are asleep in Mahāviṣṇu. By the will of the Lord, one is alive.

So we have to understand that, 'I am just a piece of Life, just a particle of Life, and that...that Life is also bestowed upon me by the Lord, and this Life has a purpose. What is that purpose? Purpose is very simple – ***'Soul wants Happiness and God wants that you should get Happiness.'*** That is the only purpose!

Soul always thinks straight- 'I want Happiness', but in the pursue he adds his psychological nonsense and gets bewildered. How it is so? Lord has just given us Life, He has not given us gender-based Life or family-based Life or society-based Life. ***God has just given us Life.*** It is not anything based life. And we think God has given us family life.

Deep down inside when we are...not when we are, probably throughout the day, throughout our life we think 'I am a Family-Man'. Lord has not given us a Family Life...He has just simply given us Life. We don't have to insert anything, we don't have to imagine anything in that. We don't have to insert, we don't have to adulterate Life. We don't have to contaminate Life.

The piece of Life, the Soul is that in itself is - "*sahaja sukha rāśi*". As per *Rāmacaritamānasa* -

***"īśvara amśa jīva avināśi,
cetana amala sahaja sukha rāśi"***

(Śrī Rāmacaritamānasa)

The piece of Life, the Soul, is *sahaja sukha rāsi* ...is Blissful in himself...by himself. You don't have to add anything in your Life to make your Life Beautiful. The moment you add any person or anything in your Life, you actually get away from Life. Why? We have been bestowed a Life and it has a purpose. What is that Purpose? To get Happiness. How does a Soul gets happiness? By loving God because God is Happiness.

The moment we add any person or anything in our Life...thinking that he will give me happiness, then you are bereft from happiness that moment only. The reason we added someone in our Life was...so that I will get happiness... but that addition is actually our subtraction from happiness, that very addition. Our interference in Life is a cause of every distress we ever face in our Life. Whatever distress we face is just because of our wrong interference, wrong faulty perceptions of happiness.

God is happiness and when God is satisfied with the jīva, He bestows happiness upon a jīva. Upaniṣads explains –

“eṣa hyevānandayāti”

(Taittirīya Upaniṣad 2.7.1)

Only that person gets happiness, that soul, who has firm faith in the Scriptures and it is very clear– *eṣa hyevānandayāti* ...that when the Lord is satisfied by the devotional service; loving devotional service of a jīva, He only bestows happiness.

To get happiness one has to understand the science of happiness. The happiness a jīva generates in the Lord by his devotional service...that happiness... when the Lord becomes happy by the jīva's devotional service, that happiness in the Lord's heart gets transferred to your heart and then you become happy. ***This was the only way of happiness, this is the only way of happiness and this will ever remain same.*** By satisfying Him you automatically get satisfied and when you add anyone in your Life, any person...any person... You are adding anyone in your Life because you think unless until this person or this thing is in my life I will not get happiness.

A certain feeling of incompleteness is in the heart, that I feel, 'I am incomplete, I am feeling incomplete'. So to have a feeling of completion, to have a feeling of satisfaction, to have a feeling of happiness I add someone or something in

my life. But this is the only thing which is ‘*vañcito’smi*’, as in the words of Prabhodhānanda Sarasvatī – this is berefting me from happiness.

**“*vañcito’smi vañcito’smi vañcito’smi na saṁśayah
viśvaṁ gaurarase magnaṁ sparśo’pi mama nābhavat*”**

(Śrī Caitanya Candrāmṛta 46)

Because when we add anyone in our life, we forget that only Lord, Lord Śrī Kṛṣṇa, He is the *ānanda brahma*, *He is the form of Personification of Happiness, He is the Only means of Happiness, He is the Only form of Happiness*. Until and unless I get connected to Him, I can never experience happiness even in my wildest of my dreams.

We don’t have to insert anything in our life to make life beautiful. We are continuously inserting, injecting something in life. Life doesn’t need any assistance from you, just needs relation with the Lord. If I really want to be happy I have to get rid of all my psychological nonsense which I am continuously dwelling in. An uncontaminated life is always beautiful, is always blissful.

What is uncontaminated life?

A life in which we don’t have *sukha buddhi* in any *vyakti* or in any *vastu*. *Sukha buddhi* is – ‘someone can give me happiness...something can give me happiness.’ This is contamination which we continuously indulge in and we are *cetana amala sahaja sukha rāśi*.

Amala- I am uncontaminated. And what is contamination?

Adding any person or anything in life is making your life contaminated. Adding anyone or anything, it is just like adding poison in life. Life is very clear, life is very simple, it is straight journey of Soul towards happiness, towards God. By loving God you get happiness. Is there anything complicated in this? Is there anything complicated? But the problem is, a *baddha jīva* insist of making everything complicated. He insists... although *Life is Simple, very straight – Lord is Happiness, I should go towards Him* - as simple as that. But we add things in our life, we think that I am a family-man and I wish to have a very happy family life. *Having a happy family life is the ultimate stupidity for a Spiritualist*.

First of all everyone is what – *brahmāṇḍa bhramite*.

*“brahmāṇḍa bhramite kona bhāgyavān jīva
guru-kṛṣṇa-prasāde pāya bhakti-latā-bija”*

(Śrī Caitanya Caritāmṛta Madhya Lilā 19.151)

Everyone is just going here and there in this material world and it's not that a set of people are going here and there, everyone on the basis of Karmas is going here and there in the material world. So it is not that... a set of people is going. So some *brahmāṇḍa bhramite* get together for a, like in an ocean so many straws they get together for a while and then they just get separated, similarly the jīvas get together for a while and then they get separated.

And to have a Family Life you first need to have a gender. *Soul is Genderless*. Till he goes to the spiritual world he can never have a gender, can never have a family and can never have a gender because he by nature is just a particle of life. By loving God he gets a spiritual body and thereby a gender and in which he is not interested in, he is just interested in satisfying the Supreme Lord and that satisfaction of the Lord generates happiness in his heart.

The moment we have gender in our life we are bereft of happiness. We have been given Life and have not been given gender based life, you are not given a family life. And then I am just a Soul, just a Particle of Life and then I start imagining myself as a family man and then just I want to have a happy family life. This is just an ultimate fantasy! Just a psychological wrong thought process!

Just imagine we have been bestowed a Life. First of all – we never created Life, we have been bestowed! It is just a gift of the Lord to a jīva. He is alive, what more blessings can a jīva have. He has been bestowed a human form of life and in which he can understand that he just has a life and he need not contaminate it. He is not having a family life, he is not having a gender based life.

In other forms of life– fish, insects, any wild animals, they can ever understand that they don't have a gender based life? They can never understand that they don't have a...soul doesn't have a family life. It is just Pure Life...Pure Life. *Soul just exists...that is the only reality!* It never exist as someone at any point of time. Bhagavad Gītā explains –

*“anāditvān nirguṇatvāt paramātmāyam avyayaḥ
śarīra-stho’pi kaunteya na karoti na lipyate”*

(Bhagavad Gītā 13.32)

It never gets temporarily...Soul never even temporarily becomes a female or a male. Soul just remains the Particle of Life, a small Particle of Life...just floating, *brahmāṇḍa bhramite*, just floating, floating and floating in the pursuit of happiness and in that pursuit he continuously contaminates himself by adding people, by adding things that this will give me happiness.

One has to have a very strong desire that –

I don't even want to have an iota of any kind of imagined life, gender-based life!

I don't want any kind of happiness based on gender!

I don't want any kind of happiness based on society!

I don't want any kind of happiness based on family!

Because Happiness is Lord !!

This is just created concepts of happiness...myself created concepts of happiness that by being with a person 'A' I will get a happiness, by having a thing 'A' I will get happiness... Just imagine, from morning to night, am I not continuously thinking of myself as a family man...from morning to night? If one is continuing with this faulty perception of life, one... See try to understand, if we are having this perception of life, we are continuously tainted with conceptions that I am a family man, though I am a just particle of life. All our thoughts, all our deeds, all our gestures basically are an expression of that I am a family man.

All our interactions, psychological thought processes, our pursuit of happiness is based on the root that I am a family man, though the reality is I can never ever be a family man in the material world. I will always be a soul and temporarily also I can never be Bryan, not even temporarily. Temporarily also I can never be Mansi or Bryan or anyone because you are just, you are just sitting in a car, yantra.

*“īśvaraḥ sarva-bhūtānāṃ hṛd-deśe ‘rjuna tiṣṭhati
bhrāmayan sarva-bhūtānyantrārūḍhāni māyayā”*

(Bhagavad Gītā 18.61)

By sitting in a car you don't become a car, by sitting in Mansi you don't become Mansi, by sitting in Bryan you don't become Bryan. You are sitting inside, you don't become one...even temporarily. You think, 'Oh, temporarily I am a...' No, not even temporarily you are a family man. Temporarily also you are a Soul and permanently also you are a Soul. Which soul? *cetana amala*. *mala* is adding anything or anyone in life. This is *mala*.

Lord is explaining in Bhagavad Gītā 9.27-

**“yat karoṣi yad aśnāsi yaj juhoṣi dadāsi yat
yat tapasyasi kaunteya tat kuruṣva mad-arpaṇam”**

(Bhagavad Gītā 9.27)

It is very simple – *yat karoṣi* – Whatever you do, do it as an offering to me. But whatever we are doing, we are doing as an offering to our Family. Is this what the Lord is saying? Do everything for the pleasure of our family or thinking you are family man? – NO !

This Bhagavad Gītā is for all Souls, for everyone, and what Lord is instructing? *yat karoṣi* – Whatever you do, do it for Me...whatever! Even in sleep whatever you do, do it for Me. And even in sleep whatever we do, it is for our family. Isn't it? Can you imagine the kind of wrong colour, or wrong fragrance we are putting ourself in? We are tainting our soul in a way...tainting, not our soul, we are tainting the soul to such low depth that it can never come out.

We have to have a firm faith- 'I don't have anything to do with gender-based living.' Anything gender based is not happiness....anything! Firm conviction! And with that firm conviction move towards the other side which is not gender based, which is based on satisfaction of *Rādhārānī*. If even we say...forget desire to enjoy family life; if we even say, 'I have family life', that in itself is so faulty.

See, Soul always thinks straight – I Want Happiness. Isn't it? I Want Happiness. I want Happiness means, Happiness is God. So I Want God!

Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday-
I want Happiness, I want God.
Morning, Noon, Evening, Night –
I want Happiness, I Want God.

*Every hour –
I want Happiness, I want God.
It is so simple!*

But when we think I have a family then we are adding human species in our pursuit towards happiness.

See, you are not a human who wants happiness, you are a soul who wants happiness. You don't have to add human species or human emotions or humanistic consciousness or any species consciousness. No species based thinking has to be added in life because if at all you add anything...anything material, all the species are material. Even human species, if you think – 'I am a human being' – by this mere thinking you are berefting yourself from happiness. Even for one second if we think, I am a human being, you cannot be happy and we are continuously thinking that I am a human being, I have a gender, I have a family and then I want to have a Happy Family Life. I mean this is like, you know material world is full of so many layers of mahat tattva-*pṛthvī*, *agni*, *jala*, *vāyu*, *ākāśa*. So we are covered with so many layers of ignorance, huge-huge layers.

The Spiritual Master makes you see which you cannot see on your own. Makes you see spiritual world, makes you see the material world. We just have life we don't have to contaminate it any further if we want happiness. Our *upāsana* is of *brahma...para brahma...pavitram param brahma*.

*“param brahma param dhāma pavitram paramam bhavan
puruṣam śāsvatam divyam ādi-devam ajam vibhum”*

(Bhagavad Gītā 10.12)

Para Brahma! And if we are thinking I want a Happy Family Life, this is *bhrama* (illusion), it is *upāsana* of *bhrama*, *upāsana* of illusion, worship of illusion. If we think I want Happy Family Life then it is also worship; worship of illusion, illusionary concept. We have to do *upāsana* of *Para Brahma*, God, then only we can get happiness.

The moment we think that I have a gender based life or a family based life, what is the consequence? The first and foremost important consequence is, I can never be happy. Happiness...the moment you add anything or anyone you are adding poison and by adding poison you can never be happy. This is

one thing, the another thing is one gets reaction. The amount of the number of moments we add people or things in our life, those moments we get kārmic reactions.

What Are Kārmic Reactions? When we add anything or anyone in our life thinking that, this will give me happiness, all those moments will give us Kārmic Reactions, though we may be in devotional services. You may be initiated, you may be doing anything but if we are adding anyone or anything, anything material, you get reactions. Anything material, if any soul adds anytime, he gets reactions.

And just by chanting one name of the Lord one gets happiness instantly...instantly! There is no doubt about it. How? He just has to think straight. Spiritual Master just wants one thing from you – you just think straight- ‘I want Happiness I want God’, don’t go left or right. What we are continuously doing is...? Life is soo simple just think about it, just ponder for a while. Just think about it. *Is Life Complicated? It is so simple.*

I am a piece of Life. Just love God and be happy.

We insist on making it complicated again and again, again and again, if-but, if-but, if-but.

One name of the Lord if you take in an uncontaminated way, you will have direct experience of the Lord. Right now, right here, you don’t have to go anywhere, you don’t have to do anything else, you don’t have to leave family and you don’t have to go to a jungle, forest, nothing. You have to have a firm conviction in your mind – *I am just a piece of Life and I just want Rādhārānī’s Service. Tatkṣaṇa*, that very moment, you will get *sākṣāt*, you will get Darśana, you will have glimpse of the Lord. The Līlā you think of...you get that glimpse only that very moment. Just have to have strong conviction, ‘I have nothing to do with gender based living...Nothing! Nothing! For eternity I don’t want gender based happiness.’

See, sometimes movies are being made and there are certain things they made, they are not approved by the board so they are not shown in the movie halls. So when that person is clear that it is not approved then even though he has done so much hard work for making that thing, may have spent millions of rupees, crores of rupees, but he instantly cuts that. Similarly our

life is just a kind of a movie and the audience, if the audience appreciates then you are a success.

Similarly our life is just a kind of a movie, it is not, just to explain I am giving this idea. That it is kind of a movie which Lord has to appreciate and if Lord doesn't, then it is a complete garbage and if He does, then you are paramānandita, always in paramānanda, if He appreciates and if He doesn't then there is no point in continuing with this silly movie. All those silly thoughts that, 'Someone is mine, someone can give me happiness', all these are silly thoughts. And we need to have firm conviction that, 'I am a soul, I want God', and other than that any other thought...they may be in millions but they all are garbage. *All our thoughts are garbage other than I want God.* Soul actually wants only God. We are just adding 'n' number of things and berefting ourselves only of happiness.

See God has given us Life, LIFE! And Guru has given us...

*“brahmāṇḍa bhramite kona bhāgyavān jīva
guru-kṛṣṇa-prasāde pāya bhakti-latā-bīja”*

Guru has given us that... *Lord has given Life and Guru has given us seed of Eternal Life.* Lord is not giving us Eternal Life, Guru is giving us seed of Eternal Life and even after getting Life, even after getting *Dīkṣā*, seed of Spiritual Life, seed of Eternal Life, we are still adding people and things in our Life. How can we ever achieve success if we still continue to do the same mistakes again and again and again?

See, the other species, they cannot, they can never understand that, 'I just... I am just a particle of life', that's all. But even after getting initiation, even after getting *siddha praṇālī*, even after doing Deity Worship, we still want a Happy Family Life, what's the use of all *Satsaṅga*, association, association of Guru, association of Saints, what is the use of it? If we are continuing with our same silly processes of happiness, conceptions of happiness, then what's the gain of *Satsaṅga*, what's the gain out of Reading, what's the gain by any kind of Deity Worship or anything?

This *Dhāma*, *Navadvīpa Dhāma* has so much of potency, forget stepping in *Navadvīpa Dhāma*, just by remembering you will see the Lord, you will see

Lord Gaurāṅga instantly. I am telling you believe me, instantly you can see the Lord, instantly. You don't have to, it's not that after sometime or some days you can see, No! Dham is so powerful. Nāma –

*“nāma cintāmaṇiḥ kṛṣṇaś caitanya-rasa-vigrahaḥ
pūrṇaḥ śuddho nitya-mukto 'bhinnatvān nāma-nāminoḥ”*

(Śrī Caitanya Caritāmṛta Madhya Līlā 17.133)

It's so powerful but when you chant, when you remember in an uncontaminated state without adding poison in Life. Just a particle of Life, you remember God, instant Darśana! Soul, who is just a particle of life, can have life with anyone, with Lord Nṛsiṃha Deva, with Lord Rāma, with Lord Nārāyaṇa, with anyone! Guru gives us seed of having a particular kind of Life with the particular form of the Lord, but per se you can have life with any form of the Lord which you wish to have.

As we must never forget that this life has been bestowed, it is not self created, just think about it do you ever think that, it is for the pleasure of the Lord only? All my breathes? 'yat karoṣi' means all my breathes, if I have 25,000 breathes in my life in a day then all those 25,000 breathes should be for the pleasure of Rādhārānī. Do you ever think this way? You think that...know food and family and how do I look and how much money I have and... All our breathes should be for pleasure of the Lord, all our thoughts, all our even gestures. Doing this thing is just a, is just a correct expression of intelligence, till we do this it is just an expression of our silliness.

Even after hearing so much, even after reading so many Granthas, we are continuing our pursuit of happiness in completely wrong direction. It is just like purifying ourself with a glass of like *amṛta* and then pouring ourself huge amounts of garbage. Add anything means, if you add anything means adding garbage.

Life, if one understands correctly, is very clear that the life has only central characters as Rādhā and Kṛṣṇa and I am just a small character in that...in that movie. But in our life we are the main character in that movie. Isn't it? It is for let's say Mansi, everything should be done. If it is Bryan, everything has to be done that is the central character. But you don't even have to be any kind of character. If you really get the Darśana of the Lord or Eternal Sevā of the

Lord, you don't think gender based, you just don't have any conception of you, just wish to give pleasure to *Rādhārānī*, just serve *Rādhārānī* as a *Gauḍīya Vaiṣṇava*.

You are not the central figure of the movie you are living in. Your central figure is always *antare bāhire gaurā gaurāṅga he*. Inside-outside. And when we utter *Rādhā*, that *Rādhā* we utter if it is... if we think we have someone in our life, if we have some relation with anyone in our life, then that utterance of *Rādhā* is only through your mouth. When we say *Rādhā*, we should...our whole being should reverberate with *Rādhā*. Every drop of blood in our being should reverberate with *Rādhā*, bone marrow, whatever we possess it should reverberate with *Rādhā*. The whole being should become *Rādhāmaya*. When we say *Rādhā*... our summum bonum should say *Rādhā* and how can we not experience *Rādhā* when your entity is reverberating with *Rādhāmaya Bhāva*, *Rādhāmaya Dāsya Bhāva*. How can you not experience, when you give yourself fully to *Rādhārānī*? She is the softest. Even for one moment if you do, you will be inundated with happiness, inconceivable happiness... She is the only purpose of life, the only good thing in life *is to love and be loved and that too infinitely*.

*“yo vai bhūmā tatsukham nālpe sukhamasti bhūmaiva sukham
bhūmā tveva vijijñāsītavya iti bhūmānam bhagavo vijijñāsa iti”*

(Chāndogya Upaniṣhad 7.23.1)

alpe is small thing, in small quantity, there is no *sukha*. Small thing.

na alpe sukhamasti. So we all want infinite happiness, infinite love. We want to love someone infinitely, without boundaries and you want to be loved without any boundary. And that can happen only with the Lord. This piece of life which is now in human body, can do this. Love God every moment of life.

In other species there is just no... it's just not possible. Education is not that we earn some degree and then we can earn a living out of it. Education actually means widening of knowledge and absorbing the truth in our life, that is education. Absorbing the truth in our life, widening of knowledge.

What is the truth? *I am a piece of Life and we have to absorb it*. This is education, this is wisdom. Absorb in our life. And Life, if it is without any

guidance of a Self Realized Soul, it is just like one is kind of dived into an ocean, there is no depth or breadth, length one can ever come across. It is just like a kind of infinite... One just doesn't know where to go- left or right? Once you are into it, you just don't know where to go, but a Self Realized Soul sees everything material in the material world and in the spiritual world as it is and can make you see things as they are.

Without that expert guidance, it is impossible. You are just deep into the ocean and just no clue where to go. These faulty perceptions of happiness, adding people and things in our life is so deep... so deep... so deep... it practically catches all our breathes in our life, practically. Very rarely, generally in the association of a Self Realised Soul only, we kind of sit in an uncontaminated way. I don't need anybody, I don't need anything.

One thing that, 'Ah! Oh my Spiritual Master, Oh my Lord, please give me blessings...' I mean you already have tonnes of blessings, you just have to respect them. If you don't respect the blessings you have already got, how can you get further blessings? You know how much blessings you people have? Can you even count those blessings ever?

Brahmā, Uddhava, they can't even catch, they can't even see the boundaries of *Navadvīpa* and we are passing urine in *Navadvīpa*. Can you imagine the kind of blessings we have? We are staying for weeks and weeks, days and days, for years on end. How much blessings do we have? Lord is eagerly waiting with wide open eyes- 'Now he will become uncontaminated, will just desire Me.' You know how thirsty He is for us... for being with us? It is not just a one way love., it is the two way love. He is thirsty for our love, He is so thirsty to reciprocate, that is why He is giving us association of *Mukta Puruṣas*, liberated souls. Pursuing the same path. Getting?

I mean being in *Navadvīpa*, being in *Vṛndāvana*, so much blessings are there. You just have to have very strong desire, 'I just don't have anything to do with this family based silly living, this family based happiness or gender based happiness', just have a strong... Actually this is father of all material illusions- Happy Family Life. Remove this conception in your life and then you see how fast you progress spiritually. Till we don't... And this realization has to come from within. After hearing from Saints, after hearing from scriptures, this realization...deep realization should come from within. Not

that I have to neglect gender based happiness, no, you don't even have to neglect. I just don't want gender based happiness. There is no word neglecting, I just don't want it. Why?

Because it is worthless. Since I don't have a gender then why should I desire gender based happiness? Since I am not a family man, why should I desire a Happy Family Life? It's all illusion...

yat tapasyasi kaunteya tat kuruṣva mad-arpaṇam

Whatever *tapasyā*, austerities you do, you do it for Me and whatever austerities we do, we do it for our family. We all, all our thoughts basically are so very badly tainted with the desire to have a nice Happy Family Life, that we are bereft of life actually. Life is just simple- 'I want to be with God like a small baby.' 'Mum, Mumma, I just want to be with you.' As simple or as innocent...as pure. 'I just want to be with you, I just want to be with you, I just want to be with you', that's all. This is what –

na jīvāmi tvayāvinā

“tavaivāsmi tavaivāsmi na jīvāmi tvayāvinā”

(Śrī Vilāpakusumāñjaliḥ)

'I just want you, I just want you, I just want you', that's all. You don't have to do anything silly. Actually you just have to stop doing everything silly. Just once from your heart... Let's assume, *Rādhārānī* comes in front of us, can you say, "Oh! *Śrīmatī Rādhārānī*, you gave me life and you know I spent everything you gave me in my life, just for your pleasure." Can you say this to *Rādhārānī*? You just have to say this once. Just say it once, "Oh! *Śrīmatī Rādhārānī*, you gave me this life and you know, I try to spend everything for your pleasure, for your service in this life. Not an iota for myself, not a drop for myself.' And it is not an austerity because if you do so, then, then till you are alive in this body you are going to be bursting with happiness. All your pores, all your atoms, everything is bursting with happiness and till you don't do so, you will always be in distress.

People say, 'I am depressed.' What is depression? Depression is simply, that you are continuously pondering over people, things, someone or something, that person can give me happiness but is not acting as per my wishes. This is

what depression is. This person or this thing is not yielding me, my expected desired result, that is happiness. What else is depression? Pondering over the wrong things, continuously pondering over, thinking over. 'Oh this is not as per me or this person, this thing or these circumstances are not as per me.' What do circumstances have to do with happiness?

I the Soul want happiness, I the Soul want God. Where do circumstances or humanistic things come in between? Where is the scope for human species to come in, humanistic thoughts to come in, how can anyone be sad in spiritual life if one is sane? *A Devotee means he is not a seeker, actually he is an expression of happiness* then. He just becomes so blissful. How can a Devotee become sad? Not possible. Yes, you can cry like *Raghunātha Dāsa Gosvāmī*, you know feeling separation from *Rādhārānī*, that is another issue, that sadness is something else. The silly sadness, which normal people indulging in, if we also indulge in, then what kind of Devotee are we?

Devotee means if anyone sees you, that person should remember the Lord. Oh! He is so blissful. This *Hare Kṛṣṇa* person, guy, woman, so blissful. How can a Devotee be sad? He can only be sad when he is contaminated. Contaminated means adding anyone or anything in your life, thinking that this will give me happiness.

Life is just Life. Life is not family based life, life is not social life. I don't have a social life. We think we have a social life, we have a family life; I don't know how many layers of illusions do we, are we completely covered with..? 'I have a social life.' And if we think that I have a family; you just tell me how can you ever go to *Goloka*, *Braja* or *Navadvīpa*? How can you ever go if you think you have a family life?

You can only have one family at a time and we are very sure my family is... Who is your family? That *Dīkṣā Mantras* you have got, *Guru*, *Kṛṣṇa*, *Rādhā*, *Lalitā*, *Rūpa Mañjarī*, *Anaṅga Mañjarī*, this is your family. At any particular point of time, like you can think yourself maximum as a Bryan, not as Sachin or Vinod. At a particular point of time, you can think yourself as one person only. At a particular time not as two. At a particular point of time, you can think of one family, not as another family. And if you are very sure my family is in *Braja* then it can never be in any kind of world, material world or any spiritual world also. Never!

You can think of a family life, only one family life you can ever think of, at a... any particular point of time...not two. At a particular point of time, you can be only one person not two persons. *Navadvīpa* and *Braja Līlā*, there are kind of two persons, but they are actually one. It is just continuation. You cannot think that only *Rādhārānī* is mine if you are thinking if someone else is mine in this material world.

Listen one thing very clearly, *Soul doesn't need a mate or any kind of mating.*

*“āhāra-nidrā-bhaya-maithunam ca sāmānyam etat paśubhir narāṇām
dharmo hi teṣām adhiko viśeṣo dharmena hīna paśubhiḥ samānaḥ”*

(Mahābhārata, Hitopadeśaprastāvika 25)

maithunam is not required for Soul. Soul needs happiness not *maithuna*. He doesn't need, *Soul doesn't need sensual life*. He wants happiness. We,

Soul needs God.

Why are you putting sensual things in it?

Why you putting humanistic things in it?

Why you putting gender based things in it?

We, Soul never needs a mate or any kind of mating. This is all pure illusion, pure... pure illusion..., wrong conception of happiness ingrilled. I, the Soul don't need any kind of mate. I don't need any kind of mating. Be very clear.

See in *Navadvīpa* ... *Nitya Navadvīpa*, everyone is a *Gaura Premi*, everyone just loves *Gaura*, *Gaurāṅga*. And though they live in a family, the *kiśora brāhmaṇa* have father, mother etc, but that *kiśora brāhmaṇa* never thinks I have a family life, He just has a *Gauramaya* life, *Gaurāṅga* life. Similarly, although everybody is so nice in *Navadvīpa*, still he has got no attachment for anything that nice also. And here, everyone in family, everyone is so bad..., so filthy...and always, you have a tug of war going on, and you still you think, that person is mine. And in Spiritual world everyone is so nice.

śayane svapane gaurā gaurāṅga he!

You sleep, you get up, you are just *Gauramaya*. That *Gauramaya* conscious has to come when we are alive in this human body, then only we will get to that *Nitya Navadvīpa*.

śayane svapane gaurā

Even good people, we don't have to remember; and they all are *siddhas*, but still the attachment is only towards Lord *Gaurāṅga*, Lord *Gaurāṅga's* Service. And here, everyone is so violent..., trying to extract happiness from us. The kids are trying to extract happiness from parents, mother and father. Husband is just squeezing happiness out of so called wife and wife is trying to squeeze happiness from husband and still we think they are mine. Someone is squeezing us, every drop of our existence for their own happiness...and Lord *Gaurāṅga*, everyone in spiritual world, they just do only one thing, the *Gopīs*, we are *Gopī Bhāva-*

*“ataeva gopī-bhāva kari aṅgīkāra,
rātri-dine cinte rādhā-kṛṣṇera vihāra”*

(Śrī Caitanya Caritāmṛta Madhya-līlā 8.228)

Gopīs, though they have husband, mother-in-law, father-in-law but they never think, that I am a family person. I am just a *dāsī* of *Rādhārānī*, and if I am a *gopī* then I am just for *Kṛṣṇa* even though in family life. So, that *gopī bhāva* we have to do *aṅgīkāra* here, that my life is just for *Rādhārānī's* pleasure. *Ātma Sukha... Ātma Sukh...* my independent pleasure, is what is berefting me of real pleasure, my independent pursuit of pleasure. Seeking pleasure should not be an independent venture, it is an automatic gift, inheritance, which we get when we satisfy the Lord.

The happiness which you are always seeking is actually the inheritance, which a son gets from the father, if he loves him. Similarly if we love the Lord, then that happiness which is in the heart of the Lord, that only gets transferred in the heart of the *jīva*. How do *mañjarīs* experience the highest happiness? How do they? They give so much happiness to *Rādhārānī*, that the other *gopīs*..., they experience just a drop of happiness, because that happiness is based on how they satisfy *Kṛṣṇa*. That drop of happiness, that *Kṛṣṇa* gets from the *gopīs*, they get that drop of happiness. But when *mañjarīs* serve *Rādhārānī*, *Rādhārānī* experiences oceanic happiness, not a drop, ocean, ocean of happiness. That ocean of happiness in *Rādhārānī* gets in your heart, that is why you get the highest, that is why the *mañjarīs* are the recipient of the highest happiness. Ocean of happiness of *Rādhārānī* has to come in, will come in *mañjarī's* heart.

So we have to live our life in that way, that we are...that we are continuously satisfying *Rādhārānī*, not our gender or family-based life. We have to clear all our misconceptions of happiness and just once we have to say, “Oh *Śrī Rādhē!* I want your service, I want your *Darśana*, I want your *sevā*.” *Tatkṣaṇa*, that very moment everything is done. Just have to be honest.

See, the world sees you as Amit is not an issue. The outer world, sees you as Amit is not an issue, outer world sees you as Vijay is not an issue. The issue is that, in the inner world you see yourself as Amit. Issue is not what people think of you in the outer world, that is not the issue, issue is what you think of yourself. You declare to yourself, “I am not this piece of existence which I see in mirror. I am not this piece of existence...” Declare to yourself boldly, clearly one’s and for all, “I am not this stupid piece of existence, humanistic existence. No!”

Anything related to Amit, Amit’s wife, Amit’s car, Amit’s family or Amit’s kids can never give you any kind of happiness because you are not Amit. Anything related to Amit, anything, anything... You have to declare to yourself boldly, clearly... And this is my experience also. I have been with Devotees for around two and half decades now. One Session, one Lecture is sufficient for life transformation. One Session. We don’t have to hear one thousand Sessions... That one Session, if we give our life to, if we continuously meditate on, is sufficient for cleansing all our contaminations and giving us direct audience with the Lord.

You know Lord so very eagerly sees whatever we are doing, especially after getting initiated, coming to *Navadvīpa Dhāma*. Lord is always eagerly seeing whatever we are doing. See, just imagine, what Lord must be thinking? We are still continuing with this gender-based happiness, just imagine. God is a person. He is a person, He is not a concept. We think God is *brahmajyoti*. No! He is not *brahmajyoti*, he is a person, He’s got feelings. Let’s say, he is God and he is seeing you. What he must be feeling? Let’s assume he is God and seeing all of you, what He must be feeling *ki*, ‘I gave them everything, I gave *siddha svarūpa* also and still he is gender-based living, family-based living.’

Imagine, God is a person, what He must be going through? Because he has given himself completely, completely. Even demigods cannot, can never

dream of *Navadvīpa Dhāma*, coming into *Navadvīpa Dhāma*, *Siddha Praṇālī*. Can demigods dream of this? You have been bestowed so much blessings, uncountable blessings... We just have to respect them, then we will get further blessings. Further blessings means, the only one thing is left, that we are so close yet so far. We are so close yet so far. Why far? Again, adding poison in life- people, things.

And some people think, only very little is needed to make, to be happy in this material life. And I am saying even little is not needed!! You think little, no, even nothing is needed in life to be happy, because nothing is required actually to be happy. All you need is satisfaction of *Rādhārānī* as a *Gauḍīya* or satisfaction of Lord as any other kind of Devotee. You don't need even little. It is all within yourself.

The way of thinking, which is either giving...taking you closer to happiness or God or berefting you of happiness. It is all right way of thinking or faulty, faulty thinking. This is art of life, art of living, that one has to live life in such a way that, with firm conviction, have deep desire, that I have nothing to do with gender-based life. And then daily, on a daily basis, don't add further dust of gender-based, family-based thoughts in your life. This is the dust, we have been continuously pouring ourselves, daily we are pouring ourselves.

The dust of gender and family everyday and we have to do *ceto-darpaṇa-mārjanam*.

*“ceto-darpaṇa-mārjanam bhava-mahā-dāvāgni-nirvāpaṇam
śreyaḥ-kairava-candrikā-vitarāṇam vidyā-vadhū-jīvanam
ānandāmbudhi-varধানam prati-padam pūrṇāmṛtāsvādanam
sarvātma-snapanamparamvijayate śrī-kṛṣṇa-saṅkīrtanam”*

(Śrī Śikṣāṣṭakam 1)

This *ceto- citta darpaṇa* we have to do *mārjanam*, we have to cleanse it, and we are pouring, contaminating it every day, that is why we are not experiencing the result of chanting *Hare Kṛṣṇa*, immediate ecstasy... So, art of living is, stop further contaminating yourself. What is further contamination means *never ever think that anyone or anything can give me happiness*. I don't even need little for happiness. Nothing, absolutely nothing for happiness. I have nothing to do with humanistic things, human species, people or anything. Anything to do with family and nothing to do with me,

because *I am Sprit Soul meant for Rādhārānī's pleasure*. Anything, anything family-based, certainly not my based.

There is only one great day in our life after we are born and that day is to understand why we are born? That is just the only great day in our life, to understand why we are born? I am born... Actually, I am not born, but just to make us understand that, I am born just to give pleasure to *Rādhārānī*. I don't, I don't belong to any family, anything. This is the only great day in our life when we discover by hearing from Self Realised Saints, why I am born? What is life? *Life is never family life. Life is just life.*

sarvopādhi-vinirmuktaṁ

sarvopādhi-vinirmuktaṁ – All *upādhis*, designations- father, mother, husband, wife anything, is all designation.

**“*sarvopādhi-vinirmuktaṁ tat-paratvena nirmalam
hr̥ṣīkeṇa hr̥ṣīkeṣa-sevanam bhaktir ucyate*”**

(Śrī Caitanya Caritāmṛta Madhya Lilā 19.170)

All designations, we have to bereft, get rid of all designations, faulty designations. This is explained as we all know this is famous verse of *Rāmacaritamānasa* –

“*main aura mora tora te māyā, jehi basa kīnheñ jīva nikāyā*”

(Śrī Rāmacaritamānasa)

I am, am this person Mr. John and someone is mine- This is *Māyā*. I am just a piece of life and I am nobody and I don't need anybody. *I am nobody, and I don't need any buddy here*. I just don't need anyone, just don't need anything. I just need only *Rādhā*. It is not that I need *Rādhārānī's* pleasure, I want *Rādhārānī's* pleasure. Natural outcome, *jaise* right now we want like Amit's pleasure, you want Amit's pleasure, Bryan's pleasure, Mansi's pleasure...we want *Rādhārānī's* pleasure, natural. If you think you are a piece of life, you can indulge yourself in any way you want... worship towards Lord Nṛsimha, Lord Rāma, as a *gopī*, as a *mañjarī*, as a *sakhā*, as anybody, provided you are a piece of white cloth, then see this white cloth and this colour has come immediate. So any colour we can put on ourself, Nṛsimha colour, like *Mañjarī Bhāva* or anything, we just need to be white first. If you are *vicitra*

raṅga like so many, tainted with so many colours, *bhāvas*, then you will never be drenched in one *bhāva*.

Any Question?

Devotee – Mahārāja, it seems like quite a balancing act in that when we return to the world and at the same time from that consideration we walk away from it. And just like we already said I am already in family life, so how do I have to go through with the role playing..., you know.

Mahārāja Jī – Very nice question, and this is for everyone to understand, that first of all you cannot walk away. Why? Because if your *prārabdha*... you know what is *prārabdha*? *Prārabdha* is that certain portion of your total accumulated karmās, that certain portion of your total accumulated karmās which you are sure to get in this life, no matter you want or anyone else wants or not. You will surely...surely...surely...surely...going to have that.

It is not that you are having certain female as a wife because of your desire. No, you are meant to be with a certain person now. And, if it is so, you are going to be with certain person till the end of your life. Either you want or anyone wants, no one can change it and no one should change it.

This is one thing. And how to carry duties unattached, this is the main question. And see...it is not that walking away from a family life which is going to give us happiness. This is not what I am trying to say. I want actually everyone to be in family life, where they are. This is My desire. That everyone should be wherever they are. But, change the internals. In the inner world you have to do engineering, not in the outer world. It is not even possible, it is not even possible. And the only way...you might have heard this example earlier but I think this today you will understand the example.

We have to be like a nurse. You understand the nurse...nurse in a hospital? She tries to take care of all the patients but she is not attached. Similarly, we have to be in family-life. Everyone here is in family-life, everyone has kids, wife, everyone, grandfather etc... But you have to be like a nurse in hospital, doing all the activities but being detached. But how do we become a nurse? This is the important question how do we become a proper nurse spiritually speaking? That nurse is very clear that she has a separate life. Only then, only because of that clarity, she is able to live as a nurse 12 hours a day in a

hospital. She thinks she is, like Mrs. John or Mrs. Something. She is very clear that she is something and that life is the central point. Even though am spending 12 hours in a hospital, it has got nothing to do with me. It is just a duty. Similarly, I have to be firmly fixed I am *Rādhārānī's mañjarī*, then only we can be detached in material life otherwise it is not possible.

You need to have a very strong conviction- 'I have a family and this is a hospital'...you getting the point? 'I have a family', the family I am living in is not a family. It is a hospital, I am a nurse there I am doing everything. You know when the nurse is there, he cleans your stool also if it is required and gives you food, cooks food and does so many things. Takes you from here and there if it is required but actually has nothing to do with you, if you see. But why is it so? Very clear I have a separate family and my happiness lies there. And even though she is with the patient, she is continuously thinking I have a family...I have a family...I have a family...He is my son, he is my wife, he is my this, he is my that. Similarly, though we are living in a family, we should be very clear I have a family...I have a family...I have a family... And here, it is just a duty... just a duty... just a duty... Till we have firm conviction that I have a spiritual family which is bestowed by the Spiritual Master in the form of *mantras*, you will never be, you will never live a detached life... In this family-life of yours, firm conviction...I have a family-life, that is my family, the *mantras*.

And be very clear *if you add anyone other than Guru and Gaurāṅga you are contaminating your life*. You are not going to get any kind of happiness. Just forget it. Not just you, I am talking about everyone. Add anyone in your life other than *Guru and Gaurāṅga*, you are berefting yourself from happiness. And the only way of detachment is you have to be attached to them with firm conviction.

Only *Rādhārānī* is mine- *na jīvāmi tvayāvinā*, just don't want to live without you...just don't want to live any kind of material life, any kind of life which has got nothing to do with, I just don't want to do with any kind of humanistic, any... any... Anything, my brother or my father, I just don't want to do anything with anyone. It is not just that I am saying, it should come from within a devotee, firm conviction on the basis of *Śāstras*.

The simple *Śloka* of *Taittirīya Upaniṣad eṣa hyevānandayāti* is sufficient to drown you in happiness, *eṣa hyevānandayāti*, only He can give me happiness. What else do you need? You want happiness..sure enough, only He, *eṣa hyeva, eva* means only. *Taittirīya Upaniṣad* is very clear *eṣa hyevānandayāti.... ānandayāti*, given.... *dayāti-* given. **Happiness is not acquired it is bestowed.** How can you acquire happiness? I mean how can you acquire God? How can you purchase God? Acquiring means you can purchase God. NO! It is bestowed upon us. When He is satisfied *eṣa hyevānandayāti*, I just don't have anything to do with family-life. But you will have to live in family because of your particular set of *karmās*.

See, people don't understand this thing because of not having mature understanding of spirituality. That, if it is in your life, that you are going to be a family-man...till the end of your life you will be a family-man, no one can change it no one has that power. And if it is there that you are going to be a renunciate, then you will be a renunciate. Even you can't change it, no one else can't change it. This may be difficult to swallow but that is understanding which is based on all *Śāstras*, *Purāṇas* and deep Scriptures.

It is, *jīva* is very insignificant...very insignificant... And the only thing is we should live where we are, wherever we are we should live that, but with a clear understanding, this person or this activity or this thing can never give me any happiness. It is not even iota of happiness.

Actually, it is basically the construction we do in the inner world, that we are always thinking doing things in the external world; like running away from this place or going to that place. It doesn't matter at all. Actually, in inner engineering... what we have to do is inner engineering, the construction in the inner world. Actually, what is that construction? Just destroy all the other constructions which you have already done. Just thrash them straight away. I want *Rādhārānī* that's all.

Life is actually so simple but you insist on making it complicated.

Mahārāja Ambarīṣa and so many great saints, they have been the kings and queens of this planet earth, but still they were in family-life, but still they were completely detached from anything.

Narottama Dāsa Ṭhākura also mentions in *Prema Bhakti Candrikā-*

“viśaya vipatti jāno, saṁsāra svapana māno, naratanu bhajanera mūla anurāge bhajo sadā, premabhāve līlā–kathā, āra jato hṛdayera śūla”

(Śrī Prema Bhakti Candrikā 106)

Take this material world as a dream. *Svapana* you understand- dream. *saṁsāra svapana*, dream *māno*, take this material world as a dream. It is just a dream I am Mr. A, and you die, and this is all over. Isn't it a dream? It is all over for eternity. You can't be back to that dream again for eternity. *saṁsāra svapana māno*, *Narottama Dāsa Ṭhākura* is saying, “Live in reality, only *Rādhārānī* is mine.” Conception that, this conception we are living that I am and I have a family, this is a dream, because I can never be a gender in material world. How can I have a family? This is all a big dream...big dream.

We are so convinced that I am a family-man. Isn't it? Family man. But the fact is, I am not even a gender. One can acquire a gender only in the Spiritual World. The soul otherwise, it is genderless and thirstless. Soul doesn't require any kind of liquids or anything. It is genderless.

So we are through and someone can do *kīrtana* in an uncontaminated way. Try to...

Devotee – I am sorry...I have a question. Śrī Kṛṣṇa is with us and that He desires us, I have a hard time with that. I am sorry, may be my faith is very small but, there is a part in my brain that doesn't understand that He is sitting somewhere and He is thinking of us, and that He is desiring us. Because if we are so insignificant and we are contaminated, why is he desiring us? It's confusing.

Mahārāja Jī – Yeah Yeah!! That's ok. That's a natural question if we have not understood. But after few minutes, you will never have this question.

See, you must understand one thing Lord is-

“raso vai saḥ”

(Taittirīya Upaniṣad 2.7.1)

He is the *rasa svarūpa*, ok. What does that mean? He has infinite desire for *rasa*, for having *rasa* from other living entities, infinite desire... everything about the Lord is infinite in nature. He is never finite, that I am having Bryan or Sachin or I am through. Let them all go to wherever they are going. No, it

is not so. He has got infinite...infinite desire for having *rasa* in every living entity. Infinite desire... And when he is really...really into you, what does he do? What he does? He gets you connected to a bonafide lineage, gives you a *bīja*. What is that *bīja*? Come to me...Come to me now. And when he is giving you *bīja*, he is seeing you with *jagannātha* eyes, you know? What are you doing, every activity like this, everything... You know he is actually crying...

You can't even imagine how thirsty he is. You know your thirst when you are thirsty for a person? How thirsty you are? And if Lord is thirsty, how thirsty he would be? Can you even imagine, when a *jīva* is thirsty for a person, he cannot just live without that person. And Lord has got infinite desire to be with you. And actually you are not even contaminated, why? Because you are-

cetana amala sahaja sukha rāśi

You were never contaminated; you think that you are someone, that is why you are contaminated. You are never contaminated. ***Contamination is not possible for a spirit soul.*** It is never possible. *cetan amala*... *amala* means; is never contaminated by anything...soul. I think I desire this person or I need that person, this is the only contamination. You bereft, you leave this and you are uncontaminated. What you have to do? You don't have to go to Himālayas, don't have to do anything...just don't have to do anything. You be in USA or wherever you stay, but don't think A, B or C can give me happiness. And He is always watching you, like this...and specially initiation and *Siddha Praṇālī*, he is just waiting to be with you...