

LET BE

In this journey of our life, these two words will help us a lot... For changing, converting our life, these two words have infinite power. Whatever work we are doing, we should remember that I am on a journey, you are on a journey, everyone is on their own individual journey. In the society of devotees, according to the karmas, all the devotees are on their individual journeys. According to the past karma, a person has a basic nature, which accompanies him as well as to us in the journey.

Why this topic is being taken today.., because we are all in devotion and we also play a role in the devotion of others. We should understand that everyone is on a journey. Always remember that we can just try, can do endeavours, whether or not something successful will happen, this is not in our hands.

Look, we see in this world; by seeing everyone, suppose a housewife, she thinks that her husband should work according to whatever she thinks, she is thinking about him. She also wants that kids should also do, move as she wants. Although married but still she wants parents should be the way, she wants them to be. If I cook something, some sweet dish or some sabzī then that sweet dish should be like the way, I wanted it to be. Like this way, for several things, moving or non-moving, we want that they should be the way I am thinking about them, they should be just like that.

It is not that our thoughts or beliefs are perfect. We are not thinking in perfection. We think that the way I have made it in the frame of mind, that person should be like that only. And who all are those persons? Whosoever is related to me, we want them, that they should be like that only, the way I have framed them in my mind.

At times, we say that -“I did not expect this from you”. Excuse me...., that means I have already predicted your future behaviour. And when that future behaviour predicted by me did not happen as per my prediction, then I say -“I did not expect this from you”. The question is - Why did you expect anything from any person, first of all?

We should think ourselves that, everyone has infinite saṁskāras accumulated since previous births. And even if when one is in devotion, we can guide him but understand that we cannot scold anyone or we should not feel sad, that I did not feel, that you will do like this. As this thing is applicable in home, the same way it is applied in the society of devotees also. Why is it so? Because I have told that a material person, he wants that his sister works... should work according to him, husband should work according... as per me.

So, in this way we have all made scripts of everyone in our hearts. And we try to fit everyone into the script written in our hearts about them.

How my husband should be? As per my thought.

How my daughter should be? She should be just like my thought.

How my wife should be? She should be just like my thought.

We just feel that how my wife should be? My wish! My wish also changes with time, at every particular point of time he should fit in the character I have made him to, to fit into. I have made a character-‘My wife’ at a particular point of time and designed the features of my wife and then I just want some person to fit in that character. This is such a weird belief system. First of all, I directed a character, and then it is not just wife, the character name is ‘My wife’. ‘My’ is the most prominent word. Then I assigned up all the features. And when there is lack of even a single feature, and then that’s it!

The same way, I have made a character-‘My daughter’. My daughter should have all these features. And... first you made a character, then after that features, you did a great job of predicting future behaviour. ‘You have to!!’. Now you have to behave accordingly because the character has being directed and produced by me. So how her future should be? The way I want. Now you have to be perfect somehow.

We should ask ourselves, how intelligent an idea this is? First we direct or produce many characters in our inner space, in our mind and then its, main character is me and myself and the other characters are ‘My wife’, ‘My children’, ‘My mother’. These are all the other characters. It is not just ‘Mother’, it is ‘My mother’, ‘My wife’. Ask yourself, the idea of producing..., the role., who has made these roles? You yourself had made these roles and the future behaviour of all has been predicted in advance by you.

In Indian families, the husband often says to wife- “Don’t interrupt in everything”. Why? Because our future behaviour was predicted, that this character ‘my wife’ should not interrupt me, ask me any question because I am a husband, and husband should not be asked any question by wife. So, these characters we have made in our mind. Sometimes people say- “I am your father, I am intelligent”. So, what are we up to? We are just trying to trap others in the cage of our own mind.

Now, what is the problem? The problem is that the activities of all the jīvas, it takes place, whether we like it or not, according to their own past karmas, their own past

Saṁskāra. And any of the activity, will not happen the way we want because we don't know previous karmas and saṁskāra of the other person.

It is predicted – “How my child should be? How my servant should be? He should take us for outing or working or whatever, we just.....son should help in father's work.” So, sometimes mother, they don't..., they predict that she should work and he should serve mother..., mother doesn't know that when she was in the womb of her mother, it was decided that her son will be a sannyāsī. But the mother is continuously trying to predict the behaviour that her son should be like this. Because of not understanding this thing that we are on our journey on our own, the other person is on the journey of own. The basic journey is pre-decided by our karmas which are known as prārabdhas. So, till we understand this we will continue to struggle and continue to write the script of others. Whether one is my father-in-law or son-in-law or mother-in-law, everyone has their own respective journey. But I want all those people in my journey should behave in a manner as I want.

Look, whatever you desire... What is reality? He will behave the way he wants to be. He will behave the way, his karmas are directing, his saṁskāra are directing. He will be the way, he should be. He will be and if we want to be happy in our life and what are the two golden words- 'will be is confirmed', he 'will be' as per karmas and saṁskāra. And for us to be happy what are the two golden words, if we want to be happy?

The moment we are doing, thinking, he should not be like this 'won't be', 'won't be', this should not be done, 'That person should not be doing this way, he should act like this, my husband should do like this'. If we continue to do like this, think like this, we will never be happy.

So, the two golden words through which we can attain Peace, śānti are 'LET BE' because that person 'will be' anyway the way he is going to be, he will be what his karmas and saṁskāra are driving him to be. If you want to be in peace just accept this and just 'Let Be'. 'Let It Be'. It 'will be' anyway, you just internally Let It Be, Let Be.

Merely by hearing these two words one can feel so much of Peace. And one internalizes these two words in the heart, there is so much of peace all the time. We should stop writing scripts of others. Let Be... Don't write script of anyone! We write scripts of everyone. Just imagine! This is so surprising! To be happy, we should not write script of anyone. We spend very large part of our life in writing script of others, of everyone practically.

Like there is one disciple and counsellor. “He said this to me?” That means you have written the script of your counsellor as well, that he should not tell me this much. And if you have a counselee, then you think that, you have written the script and he should change in this way. And if he is not changed then we are sad, because we have already predicted his future behaviour. Everyone is trying to predict the future behaviour of everyone. What a pathetic state of mind... We spend maximum part of our lives in writing everyone’s script. **We waste large part of our lives in writing ‘Will Be’ and then ‘Should Be’.** How do you spend large part of our lives? In ‘should be’ and it should happen like this **and we remain sad in large part of our lives.** So if we just spend a small part of our life in making this Let Be, these two words get settled in our heart, then the large part of our life which was spending in writing script of others will be changed, which gets transferred into happiness. These two very small words Let Be, they should stay in our heart, and then the large part of our life will get converted into happiness. You just have to get out of your system, The Divinity, Guru, Kṛṣṇa, They will come in if you are properly doing Bhakti. **You get out of your system** of this, ‘he should be’, and ‘that should be.’ LET BE!!!

We are not able to accept each other, the way other person actually is. We don’t accept that ‘My wife’ is like this. We think- “How can my wife reply me like this?” If we will control some person, that person will not be controlled rather some barrier will arise between us and because of that the relationship will be spoiled. You are writing script of your wife and the wife is writing your script. It is just a clash of scripts. And how can there be happiness when both of them, everyone is just writing everyone else’s script. Just by one barrier the relationship is spoiled and here the whole script is written and the other person has totally written a totally different script. So then nobody will be, will ever take place, not for anyone. **So if someone does ‘LET BE’ then that person will be happy otherwise there is just no scope for happiness for anyone.**

We do Japa and other things but if we don’t know these basic things, then we can never be happy. And when one does not act and behave according to us, what happens? We are distressed, we are sad. And what is the reality? **That nooooo one will act according to us.** And when someone doesn’t act according to us then we become unhappy. **Reality is forget someone, noooo one will act according to us.** What did I say before? That whenever even a single person does not act according to us we feel sad. But reality is nobody acts according to us. So, to be distressed, to be duḥkhī, we have manufactured a factory. “Hey dear! I am an industrialist, look at my producing unit.” We all are industrialist. Even a beggar of a street is also an

industrialist. Look at his producing units, factory of making predictions of everyone, all around us.

Once, while moving, I saw on a road, a beggar was hitting his wife, then I thought that he does not have any solution to lord over on anyone at any other place, on any other person. But he is doing this and slapping her in front of everyone, because this is an only scope for him.

Kindly everyone please stop being the script writer. This is not our profession. Our profession as a devotee is to fit our self in the script which is written for us mercifully by Śrī Gurudeva and Gaurāṅga. We are not script writers. This is not our profession. If we will choose the wrong profession, then how things will be? Always remember, if we are predicting any future behaviour of any person, then we ourselves are responsible for a dangerous disease. And what is the disease? After predicting the future behaviour of someone... Attachment.. Have you heard of disease AIDS, HIV? **There is no bigger disease than Attachment.** Bhāgavatam also says

*“āśā hī parmaṁ duḥkhaṁ
nairāśyaṁ paramaṁ sukhaṁ
yathā sañchidya kāntāsāṁ
sukhaṁ suśvāpa piṅgalā”*

(Śrīmad Bhāgavatam 11.8.44)

Attachment, expectations... Attachment to the wrong image of oneself, of others. ‘Neither I am a soul nor he is’. And when I am a soul, the other person is matter. Great!! Just leave this, you are saying that, that person who are in relation to us they should be like this. It means you want them to be like matter. Matter can be removed from here to there as per your will. Matter has not got any free will. We try to make other person dead matter if we want that he should be like this, he anyway is not going to be the way we want him to be.

When we see people’s conversation, that in sports he should not have made this shot, this shot was not nice. Oh, this President should have taken this decision. If you are talking about your wife, then it is still somewhat, it can be understood, but then Prime Minister should do like this, this movie star should have acted like this, this sports star should have done like this. We keep on writing scripts of everyone, whomsoever we think of, left, right, top, bottom. And sometimes we write instant scripts, sometimes we write many scripts of many years. Suddenly we get to know about some person, we write script. I am an experienced script writer. If you ask, are

being asked – “What is your profession?” You can simply say- “I am a script writer”. Anyone, even if you are unemployed you can write “I am a script writer”. Okay! Whose scripts are you writing? If everyone is a script writer, then whose scripts are you all writing? If 5 people stay at home, then all are having the profession of writing scripts. And if only two people are staying at home, then there are two script writers.

In a School, Class 7, there are 50 people, then ask anyone- “what is your profession?” Even though they are children but the profession is just one- writing scripts. Such a wonder!! Everyone is a professional script writer. Kindly stop writing scripts. If you want to write script then write that beautiful script which Guru and Gauraṅga have written, They are writing or They will write. I should try to fit myself into that script. Through that you will attain Peace.

At all times, we want to change other person and who all are those people? My wife, husband, daughter... Don't try to convert, change a conscious person into a dead matter. Like we say this in the context to our wife-“this is her duty only”. Okay, who assigned this duty? Me! Whose duty was it? ‘My wife’s... She has to give me food when I come’. ‘My daughter should act the way I want her to be’. ‘This is the duty of daughter’. This is not the duty of a ‘daughter’; this is duty of ‘My daughter’. You have written the script of ‘My daughter’.

We took a Historical Session sometimes back, 18.63. The name of the session was... series was- “Particle of Service”. We will look into this now. **In reality, what I am? The Soul... It is just a Particle. This word is very big but i am very smaall particle. I am not Paaarticle. I am just a particle of service.** Just $1/10000^{\text{th}}$ of the tip of the hair. When we see sunlight, we can see many particles. If we divide that particle into crores of times then also that will not match my size and that small a particle.

And if we are not doing, not able to do ‘LET BE’ amongst Devotees, then we will never be able to do this in our homes. In our homes, there are all business dealings, selfish dealings, selfish relations that, always. “Don't you know that i have to go for work at 10, you should get the food ready!” So, whatever relationship we have, we write script for that. In limited time, i write my unlimited scripts.

So, how will power be attained then? First, we **should read Scriptures very gravely.** And this Scripture named Bhagavad-Gītā. We should not become so renounce, that we renounce Bhagavad-Gītā, renounce reading of Bhagavad-Gītā. We should read Bhagavad-Gītā. We should not keep it as it is.

Then we say sometimes “i can’t tolerate beyond a point”. This is our daily routine, we use this line. I can tolerate upto a point, not after that”. We say this as “we boil at different degrees” in English. We boil at different degrees. There are some people who don’t boil at all. You do anything, they will not boil. And some get boiled just by looking at them. So, we should have this thing in our heart that, should write our own script that ‘I will never boil’. I will never get boiled. No matter what... Because i have accepted the Golden Formula, The Ānanda Sūtra, The Sūtra for happiness- LET BE.

We have to renounce the idea of expectations. Otherwise we will never be able to renounce miseries. If there are expectations, āśā, then there will be miseries, duḥkha. *Āśā hī parmaṁ duḥkham...* Buy one, get one free. It is not possible that you expect something and you are not going to be distressed. If we have no expectations, then we will always be happy, without expectations. Not with expectations we become happy, with no expectations we become happy. Not ‘it should be like this’, we become happy. ‘LET BE.’... By Letting Be we become happy.

What are the bundles of thoughts?

Which is a Stick no. 1? My wife.

Stick no.2- My daughter.

Stick no.3- My would-be granddaughter.

What are these Sticks? Thoughts... And what I am? I am just a Bundle of thoughts. All these sticks are according to me. Concept of my wife, my daughter, fellow Devotees, they should match the following. I have made concepts of them in my mind and if externally they don’t match I become distressed. This is our story of our life. Who made you sad? Only your expectations, your concepts, and your scripts of others. Bhagavad-Gītā says-

*“karmaṇy evādhikāras te, mā phaleṣu kadācana
mā karma-phala-hetur bhūr, mā te saṅgo ’stv akarmaṇi”*

(Bhagavad Gītā 2.47)

Don’t desire the fruits of your actions. Here what are we by writing scripts, we are not desiring the fruits of our action, we are desiring full gardens of fruits for our actions. We are desiring a full garden, full of so many trees just by writing scripts of others. And Kṛṣṇa is saying don’t even desire a single fruit of your action. When you start desiring, you are actually just sowing a seed of distress that’s all. Just by sowing a seed you start expecting a flower garden in return. Actually even before sowing a seed you desire a flower garden in return that you will be happy this way. Then, we say to our husband, he does not understand me. Excuse me! This is great! How

could you think that he has taken birth to understand you? How this thought come to your heart?

Kṛṣṇa told Arjuna-

*“kutas tvā kaśmalam idaṁ, viṣame samupasthitam
anārya-juṣṭam asvargyam, akīrti-karam arjuna”*

(Bhagavad Gītā 2.2)

“Arjuna, how could this stool like thought come in your mind, first of all you tell me this? After that we will talk about Dharma etc.” The first two golden words were, uttered by Kṛṣṇa were-“*Kutas tvā kaśmalam*”. First tell me how this stupid thought came in your mind?

“That person does not understand me.” “My father does not understand me”, “my husband does not understand me”. Why should they understand you? You understand him, he also has desires that you should be according to him. Why don’t you understand him? He is also writing your script and you the wife, you are also writing his script.

The reality is in a home also the husband and wife practically live as strangers under one roof. And if there are 2 children, then there are 4 people together and 4 strangers under one roof because everyone is writing script of everyone. Like if you are going in a train, there are 72 seats and all are strangers. Now think, suddenly, someone says-“you should act according to me like this”. If someone comes from outside, he will ask-“Have you gone crazy? Why should I act according to you?” Similarly everyone in the home also... it appears that there is a family but actually everyone is a stranger. Everyone is on their own journey, like in the train everyone is on their own journey, though living together for a little while.

We have to change our belief system if we want to be happy. ‘Should be’, should not be in our dictionary. We want to change everyone’s belief system. “Why you acted this way?” Our whole life, large part of our lives is, you should do it this way, why you did this way? We cry in our hearts, you should have acted that way. What we have to do? We have to change our belief system. Our belief system will determine our way of living, our standard of living, our happiness in living. What will determine this? Our belief system...

Choosing the right thought at the right time. This will not happen at our own. For this reason, we need Gurudeva’s Mercy, Blessings at every step. Why? Because we

cannot choose the right thought every time. That is why, this is a reason we need.. Gurudeva is The Karṇadhāra, The Captain of the ship. Because He will give the right thought. He will bless us with the right thought. When we are having pain in our legs, the doctor will obviously give us medicine for leg pain or will he give medicine for cough? So, Guru is Super expert. Guru is a Doctor of Everything. Anthropologist, Neurologist, Cardiologist. All-logist, that Person is Guru. So, there is a most urgent need for Gurudeva, practically Gurudeva in our lives because, since we are not capable of creating right thought at every moment. What is the reason? The reason is our stubbornness, our expectations. It is the only reason for our tensions, only reason for our depression, that we keep on writing scripts, keep on continuing as a stubborn person, how my wife should be, how the fellow devotees should be, like this, like this.

When there is Kṛṣṇa only, then there is happiness, then there is ānanda and only then there is satisfaction. So till the time our expectations will remain in the centre, if 'I' will be in the centre between husband, wife, children, parents, then Kṛṣṇa will not be there. When "I" comes, "He" goes. And how can there be Happiness? When Kṛṣṇa is present... As soon as i predict the future behaviour, then Kṛṣṇa disappears from there. So when Kṛṣṇa is not in our relationship, then how can we be happy? Kṛṣṇa has to be the centre of our relationship for us to be happy. We want some person to be changed, why? Because if he changes then i will be happy... We are so very selfish. Crudely selfish... My wife should do work like this, why? Because if she does so then, this is great for me, then by this, I will be happy. We can only be happy when we just LET BE and stop writing script of others and fit ourselves in the script written by our Merciful Śrī Gurudeva.

Hare Kṛṣṇa!!